

## Meetings

August is Membership and New Club Development Month

- 8/3 Congressman Dr. Rich McCormick
- 8/10 Do Nguyen - Rotary Service Above Self
- 8/17 Tomer Zvulun - Atlanta Opera
- 8/24 Golf & Tennis Tournament Pep Rally

## Events

- 8/2 Hump Day
- 8/15 Rotary Means Business (district networking event) August
- 8/16 Tennis Clinic
- 8/19 Walk with a Doc

## Our Rotary Family BIRTHDAYS

- 8/2 Gene Beckham, III
- 8/5 Charlie Cameron
- 8/7 Ryan Gehricke
- 8/8 Alan Christian
- 8/9 Jennifer Briggs
- 8/10 Kathryn Igou
- 8/12 Rick Dreger
- 8/13 Lori Allen
- 8/15 Betty Price
- 8/17 Jacque Digieso
- 8/18 John Albers
- 8/19 Susan Rumble
- 8/19 Kathy Teston
- 8/20 Debbie Cwalina
- 8/24 Mary Robichaux
- 8/26 Jim Swain
- 8/27 Lori Kirn
- 8/28 Richard Spencer
- 8/28 Grant Miller

## PRESIDENT ALEX'S MESSAGE



Fellow Rotarians-

It is hard to believe that one month of Rotary Year 2023-2024 has come and gone. I believe that our lunch and lunch service is improving. We will continue to work towards refining the process so please be patient.

Kurt Hilbert and I just returned from Colombia where we met the Club's 2022-2023 GRSP Student Emilio Ochoa and his family to celebrate Emilio's college graduation. We also connected with his uncle, who is a Rotarian, and we are working towards a joint international project - stay tuned!

Our speaker this week is Congressman Rich McCormick of the 6th Congressional District. Congressman McCormick's resume includes being a Marine, a doctor, and a family man. He is a dynamic speaker, so I encourage everyone to attend.

## Featured Speaker- Dr. Rich McCormick, GA Congressman 6th District

8/30 Ted Lescher, Jr.  
8/31 Steve Stroud

## YEARS OF SERVICE

8/1 Steven Palmer (7)  
7 years in Rotary  
8/2 Chris Webb (1)  
8/3 John Carruth (28)  
8/4 David Young (35)  
8/6 Elwyn Gaissert, II (42)  
8/13 Richard Meer (31)  
8/14 David Reddick (20)  
27 years in Rotary  
8/20 John Wolfe (31)  
8/20 Trummie Patrick, III (8)  
8/23 Jay Pickett, III (5)  
8/23 Virginia Martz (1)  
8/25 Lynn Dunn (7)  
8/28 Lori Kirn (9)  
8/29 Lucy Hall (4)  
8/29 Katie Anderson (4)

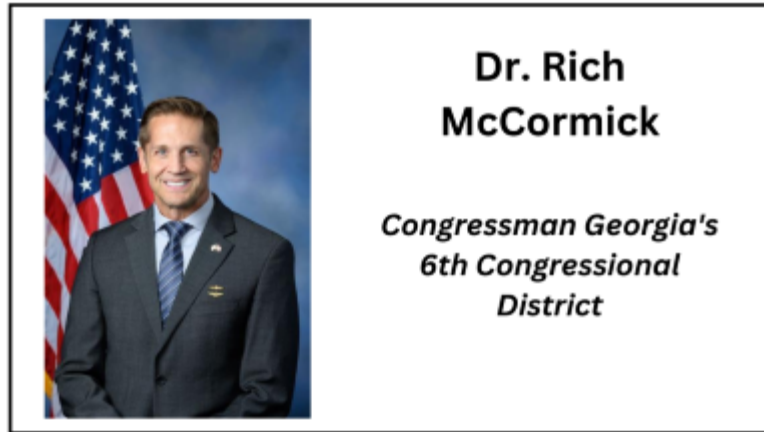
## Rotary Online

<https://roswellrotary.club>  
<https://rotary6900.org/>  
<https://rotary.org/>

## ROTARY CLUB OF ROSWELL

Thursdays, 12:15 pm  
Roswell Area Park  
Bill Johnson Community Activity  
Building  
10495 Woodstock Road  
Roswell, GA 30075

## CONNECT WITH US



**Dr. Rich  
McCormick**

*Congressman Georgia's  
6th Congressional  
District*

Roswell Rotary Club is honored to welcome Dr. Rich McCormick, Congressman from Georgia's 6th District, as our featured speaker this Thursday.

Dr. Rich McCormick is a decorated veteran and Emergency Room physician who proudly serves Georgia's 6th Congressional District in the United States House of Representatives.

Raised by a single mother, Rich was a paperboy in middle school and eventually worked his way through college, earning a degree from Oregon State University. A firm believer in service before self, McCormick joined the Marine Corps and became a helicopter pilot. During his two decades of service, Rich deployed to combat zones in Africa, the Persian Gulf, and Afghanistan.

Let's have a full house to welcome Congressman/Dr. McCormick to our club!  
[read more]

## Calling on Sponsors

## Sponsors- Golf & Tennis Tournament Monday September 11



Commit to your sponsorship today! See Jonathan Crooks

## LEADERSHIP

President	Alex Kaufman
President-Elect	Nancy Alterman
Treasurer	Matthew Millard
Secretary	Trummie Patrick, III
Membership	Bob Clarkson
Foundation	James Stone
Public Image	Becky Nelson

## PAST DISTRICT GOVERNORS

- Cheryl Greenway 2012-13
- Bob Hagan 2015-16

## FAMILY OF ROTARY

Our membership cares deeply about the needs and concerns of our members. We don't want to miss an opportunity to reach out in friendship when such concerns arise. The chairperson of this committee is Lynn Dunn and all news should be directed to her at [lynn.dunn@rmcpa.com](mailto:lynn.dunn@rmcpa.com)

[jonathancrooks@bellsouth.net](mailto:jonathancrooks@bellsouth.net)

[Add To Calendar](#)

Golf Committee will meet every Thursday at 11:30am. We need sponsors and volunteers to make this event our best tournament ever! Make YOUR commitment today!!

[Here are all the links and forms you need to get the word out!](#)

[Commitment Form](#)

[Golf Brochure](#)

[Tennis Brochure](#)

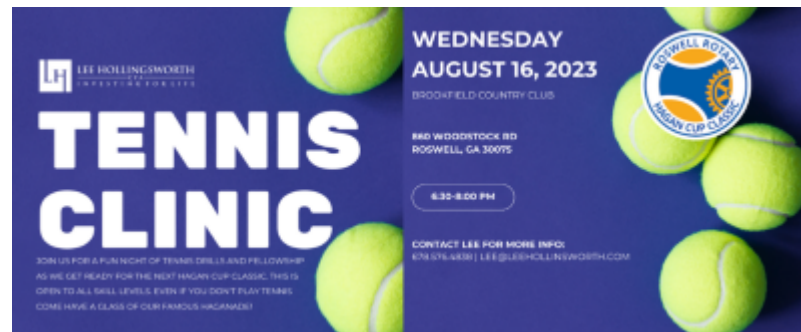
[Link to Tournament page](#)

[Link to GOLF Registration](#)

[Link to TENNIS Registration](#)

Tournament Chair is Bob Clarkson [bobc@c21connectrealty.com](mailto:bobc@c21connectrealty.com)

## Tennis Clinic- Get your game ready for the Hagan Cup Classic



This is a huge treat every year as our tennis players prepare for the Hagan Cup classic! Tennis drills, and fellowship, and Haganade! What's not to love? All skill levels invited.

For more info contact Lee Hollinsworth [lee@leehollinsworth.com](mailto:lee@leehollinsworth.com) or phone 678-576-4838.

## Wine & Bourbon Pull Donations Needed



Collections for bottle of bourbon and wine valued at \$30+ are much appreciated! Each bottle will have a tag that notes who sponsored the bottle along with some information about all the great things Roswell Rotary does in our community. If you bring something "special" please let us know so we can promote them. Contact Angela Medley [angamedley@atlantafinehomes.com](mailto:angamedley@atlantafinehomes.com) for more info.

## After Hours Meets Tonight!

**AFTER HOURS**

**NUTRITION AND FITNESS TIPS FOR A HEALTHY LIFESTYLE**

Tuesday, 1 August  
**06:30 PM**  
THE ARTILLERY ROOM

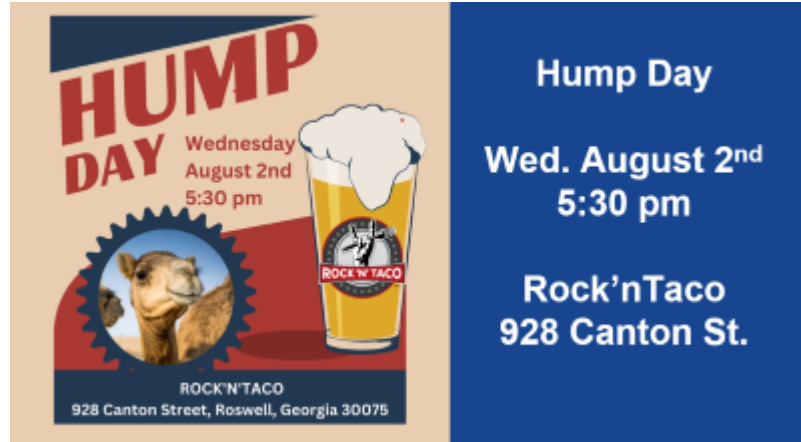
Guest Speaker  
**Laurie Coello**

RRAH has another great meeting scheduled tonight! Laurie Coello, certified personal trainer and sports nutrition coach will serve as the guest speaker. She serves as owner and operator of Nutrishop Roswell. One fun fact about her is that she participated in a

bodybuilding competition at age 50 and won! Laurie will speak to the group on nutrition, goal setting, supplements and fitness. She will share her wisdom on why leading a healthy *lifestyle* is more beneficial than dieting. See you tonight--same time, same place!

**Can't Miss This!!**

## **Hump Day at Rock'N'Taco This Wednesday**



[Add To Calendar](#)

**End Human Trafficking NOW**

## **Rotary (and the Braves) Beat the Brewers in a HOT Game**



The Braves Beat the Brewers 8-6 in (literally) the hottest game of the summer. Thank you, Dave McCleary and your many Roswell Rotary, Delta, and other Rotary friends who came out in support of End Human Trafficking, NOW! The Power of One has built an army!

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**Rotary Youth Exchange**

**Application Period Now Open 8/1 - 10/15**

**The Youth Exchange Scholarship**  
provided by your local Rotary Club

Rotary Southeast | rotary youth exchange  
RYESE.org

**Valued at over \$24,000:**  
Room, board, tuition, and monthly stipend for a high school year abroad.

Have you always dreamed of...

- ▶ Traveling the world?
- ▶ Living in another country?
- ▶ Being fluent in another language?

**The Rotary Youth Exchange Scholarship**  
(one academic year)

The application period for Rotary Youth Exchange is now open!

The parent/student information sessions are scheduled for:

- Sandy Springs/Atlanta Plaza - August 9th
- Sandy Springs - August 29th
- Johns Creek - Sept 20th

Additional info found on <http://www.ryese.org>

Questions? Contact Alesia Booth [\\_alesiagbooth@att.net](mailto:_alesiagbooth@att.net)

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**Tuesday, Aug 15, 6:00pm / Mutation Brewing in Sandy Springs**  
**Who's Looking for New Clients? Attend Business Networking for District 6900**

Learn about the new Pro Classification that will help you and your business get discovered!

For you, or someone on your staff, grow your business by doing business with Rotarians in an environment that supports "Service Above Self"



**Expand your network.**  
**Grow your business.**

Rotarians want to buy from Rotarians.  
 Meet people who put Service Above Self  
 and get discovered at  
**Rotary Means Business**



Bonus: This is also an opportunity for someone you are interested in recruiting to Roswell Rotary. Tuesday, Aug 15 from 6:00pm - 8:00pm.

Location: Mutation Brewing Company, 5825 Roswell Rd NE, Sandy Springs, GA 30328

For more information, contact Ken Carter  
 404-386-3214 [ken.carter@floorcoveringsinternational.com](mailto:ken.carter@floorcoveringsinternational.com) or Hal Schlenger  
 770-335-0077 [HSchlenger@GreatSouthBenefits.com](mailto:HSchlenger@GreatSouthBenefits.com)

**Sat. Aug 19th**  
**End Human Trafficking Event Area 13 Half Marathon**



**Where:** 575 Riverside Road Roswell, GA US 30075

**When:** Sat. August 19

**Why:** Benefit End Human Trafficking NOW

AREA 13.1 and Terrestrial 5K/10K is an Out of this World Running Event. 13.1-10K-5K is a night race in Roswell, GA. One of the most popular courses to run in the State of Georgia. The courses are OUT OF THIS WORLD FLAT & FAST with a total elevation gain of the Half marathon at 224 feet, The 5K course total elevation gain of 50 feet, and only 90 feet of gain in the 10K !! WE are talking PR TIME!! All finishers will receive an awesome alien head medal that will make your head SPIN , coveted Area 13.1 tri blend shirt that will be your new GO TO SHIRT, and for runners 21 and over a free beer donated by Gate City Brewing Company. Come for the run and stay for the FUN !! Live band -DJ - Food trucks- Vendors- Gate City Brewing Company !! BRING THE ENTIRE

FAMILY !!

[Add To Calendar](#)

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**Sat, Aug 19 8:30am**

## **Your Body is Asking for This - Community 'Walk with a Doc'**



Is Procrastination your Friend without Benefits? Guest Speaker is Therapist and Licensed Professional Counselor Aleksandra Rakita-Jeremic, who will share tips and techniques to stay motivated long enough to see the results that reinforce your good intentions and keep you going. Need we say more?

**BONUS:** Potluck Picnic to follow: Bring a snack or beverage to share and spend time after the walk getting to know some of your fellow walkers AND doctors. We are about 'community.'

Location: The "Northern" Beltline adjacent to the Bobby Jones Golf Course 2205 Northside Dr NW, Atlanta, GA 30305

When: Saturday, August 19 8:30am

Walk options are 2 miles and 3 miles

.For more information, contact [Hal Schlenger](#) and [Betty Price](#). Walk options are 2 miles and 3 miles.For more information, contact Hal Schlenger and Betty Price.For more information, contact Hal Schlenger and Betty Price.

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**New Location: Houck's Grille on Wed, Aug 23**

## **Blood Drive: It's Personal for Me**



**Summer Blood Drive at Houck's**

**Wed. Aug 23**

**Location:** Houck's Grille  
10930 Crabapple Rd B130  
Roswell, GA 30075

**For Details Contact:**

- Hal Schlenger
- Darrell Bartlett
- Jonathan Crooks

*"Saving a life with your blood donation...true service above self"*

**Sign Up to Donate Your Pint!** Graciously Supported By: Houck's Grill & Variant Brewery

Last week I wrote to you asking you to make giving blood personal to you. This week I'm writing because it's personal for me.

August 9, I head back to WellStar North Fulton Hospital to have a second kidney procedure. I must have 15 to 20 kidney stones removed from my left kidney. I had the right kidney cleaned out March 29. August 9th is a rather wonderful, yet ominous date for me. Two years ago, on that date my daughter received word in the morning that she was indeed pregnant with my first grandchild, it was the little guy you saw pictured last week. In the afternoon she received a call informing her they may have to pull the plug on her father...me, as I lay in a coma battling Covid.

As I head back for this second procedure, it is possible I will have to have blood infused. I didn't have to last time and I'm hopeful I won't have to this time either, but I won't know until I know.

The bottom line of this is simple. You don't know until it happens if you will ever need blood. It's good to know there are people out there willing and able to do so. Please be one of them. If you can't yourself find someone to give in your honor. It will truly be an honor to them to do so. Just ask them. You will truly be a blessing to the one who receives it, just as it was for me two years ago when I received 3 pints.

[Schedule an appointment here](#)

For more information, contact [Hal Schlenger](#) , [Darrell Bartlett](#) or [Jonathan Crooks](#)

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**Coming Up at RRC**

**Save the Date: Making Roswell Rotary's Magic Happen**



This is what earns Rotary such a great reputation...Service Above Self. Plan to attend many of these events...and think about bringing a friend or prospective new member. If you believe in Rotary's mission and recognize the value our club brings to our community and our world, then participate -- and share it with others!

*Events Chair 2023-24 Katie Tucker*

**Hump Day is Back! Rock'N'Taco**

[Add To Calendar](#) Wednesday, August 2 5:30pm

**Business Networking with District 6900 (Rotary Means Business)**

[Add To Calendar](#) Tuesday, August 15 6:00 - 8:00pm

**Lee Hollingsworth Tennis Clinic**

[Add To Calendar](#) Wednesday August 16, 2023 6:30-8:00pm

**Walk with a Doc (and picnic)**

[Add To Calendar](#) Saturday, August 19, 8:30am - 11:30am

**Area 13 Half Marathon-10K-5K-End Human Trafficking NOW Benefit**

[Add To Calendar](#) August 19th 7pm

**Summer Blood Drive**

[Add To Calendar](#) Wed. August 23

**Golf & Tennis Tournament**

[Add To Calendar](#) Monday, September 11 Brookfield Country Club

**RRAH Unity Garden Service Project Sept. 23 9am - 12pm**

[Add To Calendar](#)

**Farm Day at Gary Garrett's Farm**

[Add To Calendar](#) Saturday, October 14th Details TBA

**RRC Holiday Party December 9, 6pm - 10pm Details TBA**

[Add To Calendar](#)

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## **Rotary Last Week**

