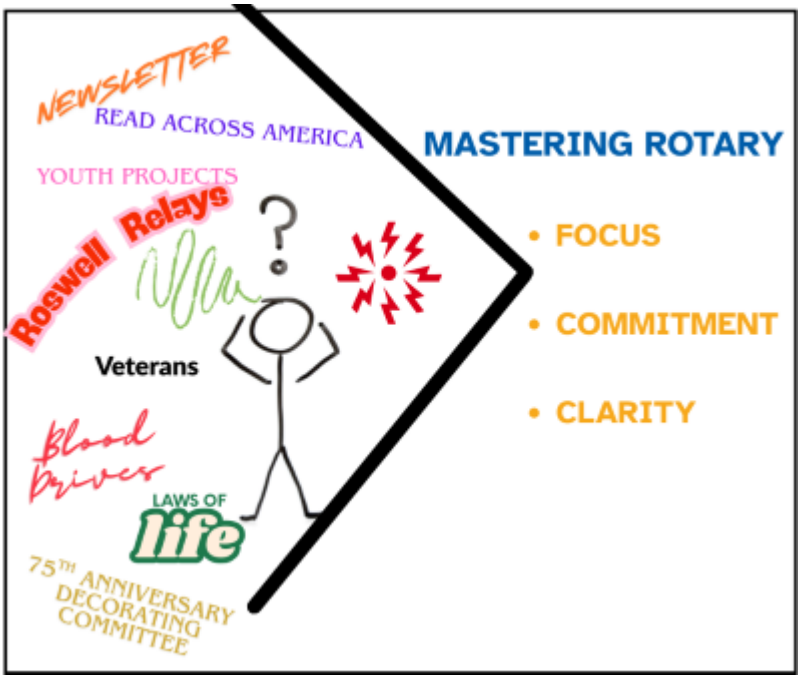
Roswell Rotary Club

Rotascope
JANUARY 27, 2026

President's Message-The Power of Choice in Service Above Self



There is a quiet truth we often overlook in our pursuit of becoming better leaders, better neighbors, and better Rotarians: growth does not come from adding more to our plates. It comes from choosing wisely what we place on them. In Los Angeles in the 1950s and early 1960s, there was a shoe salesman whose small shop became famous for an unusual practice. When a customer walked in, he would listen carefully, then return with only two pairs of shoes. If the customer asked to see a third, he would smile and say, “Of course. But before I do, which of these two would you like me to take away?” What he discovered was simple but powerful. When people were faced with too many options, they often walked away without choosing. When they were faced with two, they almost always committed to one. Fewer choices created clarity. Clarity created action.

The lesson reaches far beyond retail. As Rotarians, we live in a world of endless opportunities to serve—projects to lead, causes to support, meetings to attend, and needs to meet across our community and beyond. Every one of them matters. But when everything feels equally urgent, it becomes harder to move anything forward with excellence. Our motto, Service Above Self, is not a call to do everything. It is a call to do the right things—deeply, intentionally, and with our full hearts.

Sometimes the most meaningful step toward becoming a better person is not asking, “What else can I take on?” but rather, “What will I set aside so I can give my very best here? When we choose a cause to support, a family to support, a project to champion, we are making more than a decision about our time. We are

MEETINGS

January is Vocational Service Month

1/29	Shaun Chapas - Fmr UGA and NFL player and Skipper Hoke Awards
2/5	Colleen Craig - Atlanta Vibe Volleyball
2/12	Horst Schulze - A No Nonsense Guide to Becoming the Best in a World of Compromise
2/19	Leadership 2020 - Col. Dwight Schmidt
2/26	DEA Outreach Taskforce Officer - Wanda Wiggins
3/5	William Vestal - Artificial Intelligence from a different viewpoint
3/12	MS Student/Teacher of the Year Presentations
3/12	Kristin Winzeler - True North 400

EVENTS

2/11	"Pint for a Pint" blood drive for the American Red Cross
2/19	Leadership 20/20
3/2	Read Across America Day
3/4	Women of Rotary Spring Social
3/14	Roswell Rotary 75th Anniversary Party
3/21	Roswell Relays
3/21	16th Annual Sweep the Hooch
4/18	Walk w a Doc featuring Phy Therapist Dr Kim Richards

LEADERSHIP

President	Trummie Patrick, III
President-Elect	Leslie Bassett
Immediate PP	Nancy Alterman
Treasurer	Mike Agurkis
Secretary	Katie Anderson

making a statement about who we want to become.

Bruce Lee once said, *"I fear not the man who has practiced 10,000 kicks once, but I fear the man who has practiced one kick 10,000 times."* At first glance, it sounds like a line about martial arts. In truth, it is a philosophy of service. Lee reminds us that impact does not come from scattering our energy across a hundred good intentions, but from committing ourselves—day after day—to one mission and doing it with excellence.

As Rotarians, our "one kick" is not a single project, meeting, or fundraiser. It is our unwavering commitment to Service Above Self. It is showing up when no one is watching, thanking one first responder, feeding one family, and then doing it again tomorrow, and the day after that. Over time, those small, focused acts compound into a legacy that truly changes a community. **Mastery in Rotary, like mastery in life, is not about how many things we touch—but how deeply and faithfully we serve the ones placed in our hands.**

In that sense, service itself becomes a form of personal transformation. **Focus sharpens our purpose. Commitment strengthens our character. And clarity turns good intentions into real impact.**

The small Los Angeles shoe shop reminds us of something timeless: when the noise of too many choices fades, the call to act becomes unmistakable. And when we answer that call—one project, one person, one act of service at a time—we live out the very best of what Rotary stands for.

Sic Vos Non Vobis

Trummie Lee Patrick III
President 2025-26

State Farm Insurance

Lessons Learned from a Life in Athletics

January 29 Speaker: Former Georgia Bulldog and NFL Fullback Shaun Chapas

Membership Courtney Lott

ROTARY CLUB OF ROSWELL

Thursdays, 12:15 pm
Roswell Area Park
Bill Johnson Community Activity Building
10495 Woodstock Road
Roswell, GA 30075

ROTARY ONLINE

https://roswellrotary.club
https://rotary6900.org/
https://rotary.org/

SOCIAL MEDIA

BIRTHDAYS

1/28	Priya Crumpton
1/30	William May
1/31	John Reddick
1/31	Blake Turner
2/3	Chris Patterson
2/6	FJ Levy II
2/9	Angela Freeman
2/10	Richard Meer
2/15	Bruce Smith
2/18	Gordon Owens
2/20	Lenna Castagna
2/21	Michael Gould
2/22	Becky Stone
2/22	Bill Wolff
2/23	Kathryn Mulkey
2/24	Dutch Earle

YEARS OF SERVICE

1/30	Mindy Jones (29)
1/31	Allen Dalton (41)
2/1	David Bourne (53)

SPEAKER SPOTLIGHT



Date: Thursday, January 29

Time: 12:15

Location: Roswell Area Park

Bill Johnson Community Activity Building

10495 Woodstock Road

Roswell, GA 30075

Our club is pleased to welcome Shaun Chapas, a former University of Georgia standout and NFL fullback, as our guest speaker on January 29 in conjunction with Roswell Rotary's Skipper Hoke Awards, our annual athletic leadership honors given to standout high-school football players in Roswell who exemplify character, teamwork, and peer-recognized leadership. The awards are named in memory of longtime Rotarian and community sports champion Skipper Hoke. [read more]

2/2	Lee Dodson (12) 48 years in Rotary
2/8	Dutch Earle (19) 28 years in Rotary
2/11	Alex Kaufman (16)
2/11	Langdon Hollingsworth (5)
2/11	Queen Brown (1)
2/11	Becki Campolito (1)
2/11	David Houck (1)
2/17	Roger Wise, Jr. (15)
2/23	Richard Stilley (9) 11 years in Rotary

New Member Spotlight: Lenna Castagna



Lenna Castagna has recently joined Rotary and is excited to be part of this fantastic group. Lenna has a background in sales of poultry starting with working with McCarty Foods in Jackson MS, then onto Tyson and ConAgra Poultry. She then founded her own company in 2000, Fit Foodz. Fit Foodz feeds the military troops globally with 22 clean protein chicken items, such as grilled breast filets and chicken sausage breakfast patties and links.

She is the proud mother of one son, Michael Rodgers (Lieutenant – Rutherford Sheriff's Department), an amazing daughter-in-law, Lora Rodgers (FEMA, TN) and one granddaughter, Lenna Taylor who has just recently graduated from TN Tech with degrees in Hospital Administration and Biology and plans to return to complete her PA degree. [read more]

Last Week at Roswell Rotary

Last Week at Rotary



Kit Cummings

What is YOUR Dream?

Greeters



Honoring Our First Responder Heroes



Division Chief Chris Cavender



Checking the Rotoscope News
Darrell Bartlett & Katie Anderson



New Member Induction
Ashton Dapp



Roswell Rotary G.O.A.T.s-Coach Tim McFarlin & Dave Schmit



The Pretty Table



Fried Chicken Fan
Peter Korman



The Collection Squad



The JOY of Roswell Rotary

